

Lesson 3 Quiz

Keep track of your answers by clicking the bubbles next to your choice. At the end of the quiz, you will find an answer key so you can see how you did. Good luck!

1. Typically, at every visit, your rheumatologist will ask you a short, standard list of questions and complete a joint examination to assess your current disease activity.

True False

2. Rheumatologists want you to be honest about the symptoms you are experiencing.

True False

3. A more active, involved patient has better disease outcomes. What prevents patients from playing an active role in their AS management?

a) They feel uncomfortable expressing concerns and fear

b) They don't feel that they are educated about AS

c) They lack the confidence to speak up

d) They don't ask their rheumatologist any questions

e) All of the above

4. Generally, what is the main goal for AS treatment?

a) Low disease activity or clinical remission

b) Some pain relief

c) Minor decrease in disease activity

5. What is "clinical remission"?

a) When your AS is fully cured and no further treatment is needed

b) When your AS is inactive, or you have low disease activity while on treatment

c) When your rheumatologist gives you a discount on medications

d) None of the above

6. A _____ clearly outlines the things you and your rheumatologist will work on together to help you achieve your goals and best manage your AS. Please select the correct answer from below:
- a) Medical record
 - b) Treatment plan
 - c) Diagnosis
 - d) Blood test

Answer Key

You can check your answers here.
Each question is worth one point.

Record your score by filling out the box on the bottom right.

- 1. True
- 2. True
- 3. e) All of the above
- 4. a) Low disease activity...
- 5. b) When your AS is inactive...
- 6. b) Treatment plan

Score
/6