

## Lesson 6 Quiz

Keep track of your answers by clicking the bubbles next to your choice. At the end of the quiz, you will find an answer key so you can see how you did. Good luck!

1. What challenges might the life partner of someone diagnosed with AS experience?
  - a) Depression
  - b) Fear about developing it herself/himself
  - c) Stress
  - d) All of the above
  
2. The primary goal of a well-rounded treatment plan is to eliminate \_\_\_\_\_ as much as possible.
  - a) Inflammation
  - b) Pain in joints
  - c) Side effects from medications
  - d) Being tired all the time
  
3. Ankylosing spondylitis is an inflammatory disease with no known cause or cure.  
**True      False**
  
4. Under Canadian Labour Laws, an employee is required to disclose their disease to their employer and co-workers.  
**True      False**
  
5. Good communication skills are vitally important when talking about your ankylosing spondylitis with your healthcare professional, co-workers and friends. Which of the following are examples of good communication?
  - a) Make statements instead of asking questions
  - b) Use "I" statements instead of "You" statements
  - c) Show gratitude to those who are helping make your psoriatic arthritis journey easier
  - d) All of the above

6. Research reports that for people with AS, physical intimacy may be difficult as a result of having uncontrolled pain, fatigue and joint stiffness. While rheumatologists are not necessarily experts on sexuality or intimacy, what can you do to raise the topic with them if you would like to discuss it?
- a) Draw pictures
  - b) Use the word “intimacy” instead of the word “sex”
  - c) Have the sexual health conversation outside of your rheumatologist’s office
  - d) Share details and concerns with your rheumatologist in an email

## Answer Key

You can check your answers here.  
Each question is worth one point.

**Record your score by filling out the box on the bottom right.**

- 1. d) All of the above
- 2. a) Inflammation
- 3. True
- 4. False
- 5. d) All of the above
- 6. b) Use the word...

Score  
/6