

Lesson 1 Quiz

Keep track of your answers by clicking the bubbles next to your choice. At the end of the quiz, you will find an answer key so you can see how you did. Good luck!

1. The sudden but short term worsening of inflammatory arthritis symptoms is referred to as a(n)
 - a) **Outbreak**
 - b) Flare
 - c) Burst
 - d) Eruption
 - e) Plateau

2. A person living with inflammatory arthritis should recognize and keep track of:
 - a) **Increased joint swelling, in one or more joints**
 - b) **Pain that is worse in the evening and does not improve with activity**
 - c) Stiffness
 - d) Both a) and c)
 - e) All of the above

3. If you are having new but common side effects from methotrexate that last more than one or two weeks, your rheumatologist may:
 - a) **Keep you on methotrexate for 3 more months to confirm the adverse event**
 - b) **Look at your overall medication plan and suggest not taking your usual dose, or think about transitioning you to advanced therapy**
 - c) Tell you not to bother getting your regular blood tests
 - d) Increase your dose

4. What things could help your rheumatologist determine how active your inflammatory arthritis is?
- a) **Patients' self assessment (« HAQ »)**
 - b) **Joint count**
 - c) **Blood test**
 - d) **X-ray**
 - e) **All of the above**
5. Which medication(s) cannot be taken in pregnancy?
- a) **Methotrexate**
 - b) **Leflunomide**
 - c) **Both a) and b)**
 - d) **None of the above**
6. The key reasons for transitioning to advanced therapies include:
- a) **Treatment with combination csDMARD therapy hasn't worked well enough or isn't working anymore**
 - b) **You have side effects from your csDMARDs**
 - c) **You are pregnant or want to become pregnant and are on methotrexate**
 - d) **All of the above**
7. Today, rheumatologists should work closely with their patients and set a specific treatment goal – achieve 100% improvement, or as close to that as possible – to treat inflammatory arthritis aggressively early on to prevent disease progression, joint damage and other complications.

True False

8. Some ways patients can determine if their disease is worsening include:
- a) Prolonged periods of increased pain and fatigue
 - b) Loss of ability to take part in daily activities
 - c) Increased joint swelling
 - d) Missing more days of work or not being as productive at work
 - e) All of the above

Answer Key

You can check your answers here.
Each question is worth one point.

**Record your score by filling
out the box on the bottom right.**

- 1. b) Flare
- 2. d) Both a) and c)
- 3. b) Look at your overall...
- 4. e) All of the above
- 5. a) Methotrexate
- 6. d) All of the above
- 7. True
- 8. e) All of the above

Score
/8