

Lesson 4 Quiz

Keep track of your answers by clicking the bubbles next to your choice. At the end of the quiz, you will find an answer key so you can see how you did. Good luck!

1. What is the definition of evidence-based PsA treatments?
 - a) Evidence-based treatments are those based on evidence collected by your rheumatologist**
 - b) Evidence-based treatments are those ethically researched through clinical trials or health research studies involving large numbers of PsA patients**
 - c) Evidence-based treatments are created by scientists in research labs**
 - d) Evidence-based treatments originate from folk lore**

2. What do non-steroidal anti-inflammatory medications, corticosteroids and other pain relief medications and steroids have in common?
 - a) They are medications that treat PsA symptoms**
 - b) They are medications that treat the underlying PsA disease process**
 - c) They are medications that can be purchased over the counter**
 - d) They are medications that must be prescribed by a rheumatologist**

3. Conventional synthetic DMARDs, biologic DMARDs, and targeted synthetic molecules treat the underlying disease process and symptoms of PsA.
Yes No

4. In the recent global survey of PsA patients, how many patients reported that they were not taking their medication exactly as prescribed.
 - a) One third**
 - b) One half**
 - c) A quarter**
 - d) Three quarter**

5. Not remembering to take medications and inconvenience are the most common reasons why some patients with PsA don't take their medications as prescribed, or at all. What is an appropriate solution to this issue?
- a) **Setting an alarm reminder on your phone or watch**
 - b) Giving up on taking prescription medication
 - c) Putting medication in a spot you will see each day and tying it into a daily activity you already do (e.g. putting the medication beside your bathroom sink and taking it after you brush your teeth)
 - d) Both (a) and (c)
6. The fear of side effects sometimes keeps patients with PsA from taking their medication as prescribed, or at all. Concern over side effects is understandable, but the most important things to know about side effects include:
- a) **Untreated or undertreated PsA poses a greater threat to you, your joints and your long term health and well-being than most medication side effects**
 - b) The most common side effects of PsA medications are the least serious, and the most serious side effects occur very rarely
 - c) Most PsA medications can be managed by temporarily stopping it, or decreasing the dose and slowly increasing it again to the appropriate dose strength
 - d) All of the above

Answer Key

You can check your answers here. Each question is worth one point.
Record your score by filling out the box on the bottom right.

- 1. b) Evidence-based treatments are those ethically... **3**
- 2. a) They are medications that treat PsA symptoms **3**
- 3. Yes **3**
- 4. c) A quarter **1**
- 5. d) both (a) and (c) **1**
- 6. d) All of the above **1**

Score
/6