

## Lesson 1 Quiz

Keep track of your answers by clicking the bubbles next to your choice. At the end of the quiz, you will find an answer key so you can see how you did. Good luck!

1. For good communication between patient and physician to take place, people need to be in a comfortable and safe environment.

**True**      **False**

2. Research shows that patients who come in to see their physicians and \_\_\_\_\_ are more highly regarded by their physician.

- a) **Share internet research on their RA with the physician**
- b) **Listen and ask few questions**
- c) **Who ask questions and are interested in their own health**
- d) **Arrive late for or miss appointments**

3. \_\_\_\_ of communication is non-verbal.

- a) **20%**
- b) **80%**
- c) **50%**
- d) **75%**

4. Effective communication does not include one of the following.

- a) **Eye-to-eye contact**
- b) **A good balance of asking questions and sharing information**
- c) **Crossing your arms across your chest and looking down at the ground during conversation**
- d) **Listening carefully and repeating back to the other person your understanding of key points made by them during conversation**

5. Which answer best describes what you can do to get ready for your appointments with your rheumatologist?
- a) Prepare a list of questions and concerns
  - b) Bring a close friend or family member for emotional support
  - c) Give yourself lots of time to arrive at your rheumatologist's office on time
  - d) All of the above
6. Your rheumatologist cannot share your medical records with you.
- True      False

## Answer Key

You can check your answers here.  
Each question is worth one point.  
**Record your score by filling out the box on the bottom right.**

- 1. True
- 2. c) Who asks questions...
- 3. b) 80%
- 4. c) Crossing your arms...
- 5. e) All of the above
- 6. False

Score  
/6