

Lesson 4 Quiz

Keep track of your answers by clicking the bubbles next to your choice. At the end of the quiz, you will find an answer key so you can see how you did. Good luck!

1. What is the definition of evidence-based RA treatments?
 - a) Evidence-based treatments are those based on evidence collected by your rheumatologist**
 - b) Evidence-based treatments are those ethically researched through clinical trials or health research studies involving large numbers of RA patients**
 - c) Evidence-based treatments are created by scientists in research labs**
 - d) Evidence-based treatments originate from folk lore**
2. What do non-steroidal anti-inflammatory medications, opioid and other pain relief medications and steroids have in common?
 - a) They are medications that treat RA symptoms**
 - b) They are medications that treat the underlying RA disease process**
 - c) They are medications that can be purchased over the counter**
 - d) They are medications that must be prescribed by a rheumatologist**
3. Conventional synthetic DMARDs, targeted synthetic DMARDs and biological DMARDs treat the underlying disease process and symptoms of RA.
Yes No
4. In a global survey of RA patients, how many patients reported that they were not taking their medication exactly as prescribed.
 - a) One third**
 - b) One half**
 - c) A quarter**
 - d) Three quarter**

5. The fear of side effects sometimes keeps patients with RA from taking their medications as prescribed, or at all. Concern over side effects is understandable, but the most important things to know about side effects include:
- a) **Untreated or undertreated RA poses a greater threat to you, your joints and your long term health and well-being than most medication side effects**
 - b) **The most common side effects of RA medications are the least serious, and the most serious side effects occur very rarely**
 - c) **Most RA medications can be managed by temporarily stopping it, or decreasing the dose and slowly increasing it again to the appropriate dose strength**
 - d) **All of the above**
6. Focusing on disease remission or the lowest disease activity possible as a key treatment goal may result in significantly less or no pain and improvements in quality of life, which is what RA patients want the most from their treatment(s).
- True False**

Answer Key

You can check your answers here. Each question is worth one point. **Record your score by filling out the box on the bottom right.**

- 1. b) Evidence-based treatments are those ethically researched...
- 2. a) They are medications that treat RA symptoms
- 3. Yes
- 4. a) One third
- 5. d) All of the above
- 6. True

Score
/6