JHEd Lupus

# Lesson 6 Quiz

Keep track of your answers by clicking the bubbles next to your choice. At the end of the quiz, you will find an answer key so you can see how you did. Good luck!

1. Which of the following factors may affect a person's ability to access lupus care?
   - ◯ a) Geography
   - ◯ b) Access to specialists
   - ◯ c) Medication coverage
   - ◯ d) All of the above

2. Why can living in a rural or remote community make lupus care more challenging?
   - ◯ a) Longer travel distances for healthcare services
   - ◯ b) Limited access to specialists and support services
   - ◯ c) Additional time and costs associated with appointments
   - ◯ d) All of the above

3. What is meant by culturally safe care?
   - ◯ a) Healthcare that is identical for every patient
   - ◯ b) Healthcare that respects a person's culture, values, identity, and lived experiences
   - ◯ c) Healthcare provided only by specialists
   - ◯ d) Healthcare that focuses only on physical symptoms

4. Which statement best describes self-advocacy?
   - ◯ a) Managing lupus without health care professionals
   - ◯ b) Challenging every recommendation made by a health care provider
   - ◯ c) Actively participating in healthcare decisions and communicating your needs
   - ◯ d) Relying only on information found online

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5. Which of the following is considered a trusted source of information about lupus?

   - ◯ **a) An anonymous social media post**
   - ◯ **b) A commercial website with no medical review**
   - ◯ **c) Clinical guidelines, patient organizations, and health care professionals**
   - ◯ **d) Internet discussion forums only**

6. Which of the following actions can help you become a stronger advocate for your healthcare needs?

   - ◯ **a) Preparing questions before appointments**
   - ◯ **b) Tracking symptoms and treatment responses**
   - ◯ **c) Asking for clarification when information is unclear**
   - ◯ **d) All of the above**

## Answer Key

You can check your answers here.
Each question is worth one point.
**Record your score by filling out the box on the bottom right.**

**1.** d) All of the above
**2.** d) All of the above
**3.** b) Healthcare that respects a...
**4.** c) Actively participating in...
**5.** c) Clinical guidelines, patient...
**6.** d) All of the above

Score
☐/6